

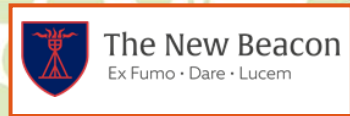
Spring Menu Week 1



The New Beacon
Ex Fumo · Dare · Lucem

	Monday	Tuesday	Wednesday	Thursday	Friday
	Jacket Potato with BBQ Baked Bean and Cheddar cheese	Pasta with Roast yellow pepper and Tomato sauce	Jacket Potato with Tuna and Red Onion	Pasta with cheese and Smoked Bacon sauce	Jacket Potato with Cheese
Main Meal	“Meat free Monday” Spring veggie casserole with little herb dumplings	Homemade Sausage Plait	Macaroni Pastitsio with Garlic bread sticks	Roast chicken thighs with Rosemary gravy	Crispy Jumbo Fish Fingers with lemon wedge
Vegetarian	Sweet Potato and Lentil Curry with Poppadum's	Vegan shepherd's pie	Roasted veg filled Yorkshire Puddings topped with a herb crumb	Cheese and Tomato Quesadillas with Green leaf salad	Spinach and Vegetable Lasagne
On The Side	Broccoli Carrots slices Mini new potatoes	Sauté Potatoes Medley of Vegetables	Sweetcorn and Mixed Peppers	Savoy cabbage & swede Roast potatoes	French fries Beans & Peas & tartare sauce
Dessert	Toffee Apple crumble with custard sauce	Carrot Cake with frosting	Jam Tart & Custard	Baked mascarpone rice pudding	Double Chocolate cookie
Everyday	Fresh Cut fruit yoghurt	Fresh Cut fruit yoghurt	Fresh Cut fruit yoghurt	Fresh Cut fruit yoghurt	Fresh fruit yoghurt

Spring Menu Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
	Jacket Potato with Beans	Pasta with Creamy Cheese Sauce	Jacket Potato with Tuna Mayo	Pasta with Pesto and cherry tomatoes	Jacket Potato with
Main Meal	"Meat free Monday" Sweet potato vegetable chilli with Grated cheese Nachos Sour cream Bean Burger with parmesan roasted wedges	Turkey meatballs in fresh tomato sauce	Classic lasagne with garlic ciabatta	Roast gammon with parsley sauce	Fishfingers with Chips and Tomato Ketchup
Vegetarian		Roasted vegetable quiche with green salad	Wholemeal vegetable pitta bread pizza	Vegetable and bean Tagine with Lemon and herb cous cous	Curried Vegetable pasty with Mango Chutney
On The Side	Green beans Baked brown rice	Medley of Vegetables Crispy new potatoes	Mixed vegetable Rocket salad with dressing Sweetcorn	Carrot sticks Broccoli Roasted potatoes	Garden peas Baked Beans
Dessert	Chocolate and Beetroot Brownie with Chocolate Drizzle	Jelly Pots	Apple Turnovers with Cream	Cheesecake Pots	Orange & poppy seed cake with Orange drizzle
Everyday	Fresh cut fruit yoghurt	Fresh cut fruit yoghurt	Fresh cut fruit yoghurt	Fresh cut fruit yoghurt	Fresh cut fruit yoghurt

Spring Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal	Jacket Potato with Baked Beans	Pasta with Roasted tomato and Basil sauce	Jacket Potato with Tuna Mayo	Pasta with Roast butternut squash and tomato Sauce	Jacket potato with Bean chilli and cheese
Vegetarian	<p>“Meat free Monday“ 50/50 pasta with fresh tomato & basil sauce or Kale pesto</p> <p>Potato Skin Samosas with Raita</p>	Mild chicken curry with Turmeric infused Rice & poppadum’s	Traditional spaghetti bolognese with Garlic Slice	Roast turkey with gravy, stuffing & cranberry sauce	Breaded fish fillet with tartare sauce & lemon
On The Side	Focaccia bread, sweetcorn & green beans	Vegetable & Bean Cobbler & Diced Potatoes	BBQ Quorn, Chickpea Wraps with Ranch Dressing & Paprika diced Potatoes	Soya Mince & bean bolognese with tri-colour pasta	Cheese, Tomato and Pepper Swirls
Dessert	Lemon drizzle cake with fruit compote	cauliflower & carrots	Broccoli & Baby Corn on the Cob	Steamed carrots & Peas Herby Roast Potatoes	Chips, baked beans & tartare sauce
Everyday	Lemon Meringue Pie with Cream	Pear Crumble and Vanilla Custard	Raisin Rice pudding infused with cinnamon	Jam & coconut sponge with lemon custard	Fresh cut fruit & yoghurt
Everyday	Fresh cut fruit & yoghurt	Fresh cut fruit & yoghurt	Fresh cut fruit & yoghurt	Fresh cut fruit & yoghurt	Fresh cut fruit & yoghurt