

September 2023



The New Beacon

EX FUMO DARE LUCEM

Relationship and Sex Education

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The New Beacon
Brittains Lane
Sevenoaks
Kent TN13 2PB

Aims and Objectives

The New Beacon's aims and objectives for its pupils within relationship and sex education are for our pupils to become well-rounded, respectful and accepting individuals who are empathetic to people's needs and who can create, understand and forge positive relationships. Moreover, it is important to add that we also understand the role that we play as a school in helping our pupils to identify when relationships are unhealthy and what to do to seek advice, support and help.

Relationship and Sex Education aims to help our pupils learn about the emotional, social and physical aspects of growing up, relationships, sex, human sexuality and sexual health. This is done in an age appropriate manner within the school. This education is delivered in CPSHE lessons, Biology, Religious Studies and via the means of form periods, assemblies and guest speakers.

Learning occurs at many occasions throughout the academic year and include lessons/talks/assemblies about improving a pupil's knowledge of forming relationships; understanding their body; their feelings and attitudes towards themselves and others; keeping safe by looking after their physical, mental and sexual health; and understanding who they can turn to for help in these matters. We encourage positive and supportive decision making, an understanding of the consequences of one's actions (whether they be positive or negative), and an emphasis is also placed on the fundamental concept of consent.

We also aim to prepare pupils for the opportunities, responsibilities and experiences they will encounter as they get older, as they progress to senior schools and ultimately, into adult life. We aim to provide information and understanding about different kinds of relationships, whether they be intimate physical ones or other types of relationships. We aim to explain sexual orientation, gender identity, human reproduction, stability within relationships and the changes an individual goes through during puberty. We aim to increase pupils' awareness of the value and enjoyment of relationships based upon mutual respect and trust, responsibility and sensitivity towards the needs of others. During the latter stages of a pupil's education at The New Beacon, we aim to educate pupils about the consequences, precautions and risks associated with sexual activity, providing them with information about where to source help, advice and support relating to these issues should they feel they need it in the future.

Curriculum planning

From April 2021, the whole school has incorporated and is following the PSHE Association's Thematic model syllabus. This allows different year groups to work on similar themes, more often than not at the same time, building a spiral programme year on year, whilst offering flexibility in terms of planning. Each year group's programme of study covers all of the new statutory requirements for their phase.

Within the RSE content part of the CPSHE course, boys' learning can be summarised as follows:

Year 1:

Families and friendships – Roles of different people; families; feeling cared for

Safe Relationships – Recognising privacy; staying safe; seeking permission

Respecting ourselves and others – How behaviour affects others; being polite and respectful

Growing and changing – Recognising what makes us feel unique and special; feeling; managing when things go wrong

Year 2

Families and friendships – Making friends; feeling lonely and getting help

Safe relationships – Managing secrets; resisting pressure and getting help; recognising hurtful behaviour

Respecting ourselves and others – Recognising things in common and differences; playing and working cooperatively; sharing opinions

Growing and changing – Growing older; naming body parts; moving class or year

Year 3

Families and friendships – What makes a family; features of family life

Safe relationships – Personal boundaries; safely responding to others; the impact of hurtful behaviour

Respecting ourselves and others – Recognising respectful behaviour; the importance of self-respect; courtesy and being polite

Growing and changing – Personal strengths and achievements; managing and reframing setbacks

Year 4

Families and friendships – Positive friendships, including online

Safe relationships – responding to hurtful behaviour; managing confidentiality; recognising risks online

Respecting ourselves and others – Respecting differences and similarities; discussing difference sensitively

Growing and changing – Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty

Year 5

Families and friendships – Managing friendships and peer influence

Safe relationships – physical contact and feeling safe

Respecting ourselves and others – Responding respectfully to a wide range of people; recognising prejudice and discrimination

Growing and changing – Personal identity; recognising individuality and different qualities; mental wellbeing

Year 6

Families and friendships – Attraction to others; romantic relationships; civil partnerships and marriage

Safe relationships – Recognising and managing pressure; consent in different situations

Respecting ourselves and others – Expressing opinions and respecting other points of view; including discussing topical issues

Growing and changing – Human reproduction and birth; increasing independence; managing transition

Year 7

Relationships – Diversity; prejudice; bullying; building relationships; self-worth; romance and friendships (including online) and relationship boundaries

Health and Wellbeing – Healthy routines; influences on health; puberty; unwanted contact; FGM

Year 8

Relationships – Discrimination in all its forms; racism; religious discrimination; disability; sexism; homophobia; biphobia; transphobia; gender identity; sexual orientation; consent; sexting; an introduction to contraception

Health and Wellbeing – Mental health and emotional wellbeing including body image and coping strategies

Members of staff are encouraged to say if they do not feel comfortable with any specific topic area. If this does arise then a different teacher will take that particular class and teach the topic. Very occasionally, a specific part of the curriculum may be taught later in the academic year or even in later years.

Some classes in the Middle School (e.g. Year 6 human reproduction and birth) and in the Senior School (e.g. LGBTQ+, contraception) tackle themes of a more mature and sensitive nature. Before we embark on such a topic, we write to parents explaining the exact content of the course to give them the opportunity to ask questions or perhaps take their sons out of the classes. This also occurs when we have visiting speakers concentrating on sensitive and mature themes e.g. Yr. 8 Drugs education and the visit of Drugline Education.

Assessment and recording

Teachers assess the children's work in CPSHE by making informal judgements as they observe them during lessons. We have clear expectations of what the pupils will know, understand and be able to do at the end of each topic.

We have high expectations for the pupils at the New Beacon and the CPSHE department has the same aspirations as the other departments within the school. However, there is no official assessment for the boys via exams or external public papers. The pupils fill in specific topic age appropriate evaluation forms at the end of each unit, which gets them to consider the issues they have discussed in class. This in turn informs planning for subsequent academic years. This does not mean that the subject is viewed as unimportant by the boys. In fact, in a lot of cases the opposite occurs. A large portion of the pupils actively look forward to their CPSHE lessons where the boys can shine in an academic environment even if they are not high achievers in other subjects.

Periodically, there is an Audit of the CPSHE curriculum (for the Governors' Pastoral & Education Committee). This includes a review of events beyond CPSHE lessons including assemblies, displays, visiting speakers, activities and how the whole school curriculum actively promotes fundamental British values, protected characteristics and the new statutory requirements from April 2021.

JEB – Jim Bromwich

Subject Coordinator

September 2023

Next scheduled review: September 2024